

Maryland Steeplechase Association
Junior Novice Steeplechasing Clinic
Shawan Downs
1401 Shawan Road, Cockeysville, Maryland 21030
March 1, 2020
12:00 p.m.

Location: Shawan Downs property next to Cuba Road – enter field from Shawan Road

Organizer: NSA Licensed Jockey Lia McGuirk. Co-Clinicians TBD.

Overview:

This Steeplechase Racing Clinic for Junior Riders is a mounted clinic. We will teach and practice the basic riding skills necessary to be successful on the junior racing circuit. In addition to riding, we will talk about tack, entering a race, and preparing for race day. Riders must be proficient at the walk, trot, and canter. Jumping is not required, but will be offered.

Goals:

- (1) Introduce the sport to new participants and to teach juniors with an interest in racing the skills and tactics necessary to succeed; more seasoned junior jockeys are encouraged to attend as well - all levels will benefit from our experienced clinicians.
- (2) Teach juniors how to use their knowledge from the show ring or hunt field and translate it to the race course.
- (3) Provide all with an actual opportunity to canter in company, and to jump fences in a group. Jumping is optional.
- (4) Riders and parents should leave with a clear understanding of what happens prior to race day, the day of and during an actual race, both flat and field master chases. All will become comfortable with “race conditions,” how to enter a race, the paddock protocol, required tack and equipment necessary for race day, etc.

Components:

(Mounted): Practicing the Skills and Tactics

- (1) Leg up, tying knot, goggles down
- (2) Practicing the start
- (3) Canter a turn
- (4) Canter in company and staying behind a designated leader
- (5) Approaching the fence
- (6) Schooling side by side
- (7) Schooling/jumping in a group behind a designated leader

This will also be a qualifier for the Maryland Junior Field Master Chases if you have not previously qualified.

Registration: marylandsteeplechaseassociation.com

Info: Lia McGuirk, 443-617-1617